

# Meals on Wheels

Official website: [mowaa.org](http://mowaa.org)

Address: Go to [www.mowaa.org](http://www.mowaa.org) and enter your zip code. This will direct you to the nearest Meals on Wheels location.

## Just One Touch – Local & State



This is a very satisfying service project that has great rewards. It takes a good bit of organization but is well worth it!

The vision of Meals on Wheels is to end senior hunger by 2020. Their mission is to provide national leadership to end senior hunger.

Find your local Meals on Wheels organization and help serve meals on Thanksgiving and Christmas. These are specifically when additional volunteers are needed. Weekly visits to senior citizens is an ongoing

You will need your own transportation. A GPS would be helpful in locating homes from given addresses.

Gift of: Time & Labor

Ages: All

Referred by:

Lisa Bacon  
JOT Director

Contact person:  
(local contact)

Contact phone number:  
(local contact)

## Just One Touch

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